# **Connect with Us**

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- @communitylinksassociation
- @agingwell\_ns
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Community Links is grateful for the support of the Nova Scotia Department of Seniors and Long-term Care.

# **Regional Coordinators**

Our Regional Coordinators

- host and facilitate Aging Well Together Coalitions
- offer presentations on issues like fall prevention, grant writing, and accessibility
- collaborate with partners on initiatives such as seniors' wellness days and emergency preparedness kits
- increase awareness of the negative impacts of ageism on all of us.

Connect with us or visit www.nscommunitylinks.ca/contact for contact information for your regional coordinator.



Community Links is a provincewide organization that promotes and supports age friendly communities by connecting individuals and organizations.

We've worked with seniors' groups, community partners and government to help older Nova Scotians remain active, engaged, and connected in their communities since 1992.



# **About Us**



### **Our Vision**

All Nova Scotians can age well in their communities.

## **Our Values**

Collaboration, inclusion, respect, equity, compassion, transparency, accountability, and engagement.

## **Our Priorities**

We collaborate to make connections, spark ideas and bring an age-positive approach to growing older in Nova Scotia.

#### We build skills and capacity

- with senior serving organizations at the community level
- with Aging Well Together
   Coalitions at the regional level
- with partner organizations at the provincial level .



#### We increase awareness

- through community engagement and training
- through e-bulletins, social media and the Year of Aging Well Calendar
- through research on issues like accessibility and Age Friendly Communities.

#### We advocate

- as Coalition members to make age friendly changes at the municipal level
- as members of the Seniors
   Advisory Council to the
   Government of Nova Scotia
- as members of the National Pensioners Federation.

Community Links uses a community development and population health approach that focuses on prevention, guided by the social determinants of health.

Membership is free and open to older adults, representatives of senior-serving organizations, and those who support the objects of the society and live in Nova Scotia.

