

Preventing Falls Together- Project Summary

Project Name: Helping Your Grandparents Stay Safe

Developing Coalition: Antigonish County Coalition

Time Frame: Fall 2006

Project Summary:

A Physiotherapist and an Occupational Therapist gave an interactive presentation to grade three students at Antigonish Educational Centre on the topic of keeping their grandparents safe. Materials from the toolkit were used in plain language to discuss the impact of falls on seniors along with discussion about what the children could do to prevent falls, and their responsibility to help each other and the seniors in their lives stay safe. The hazardous house activity was utilized and enthusiastically received. Each presentation was given to one class and lasted a normal school period of approximately 40 minutes. In one school day, the presentation was given to five grade three classes.

Existing resources used:

Resources from the toolkit were used in developing the presentation including the Hazardous House activity.

Notes and Tips:

- School staff encouraged the coalition to present the material to other classes and to other schools.
- A coalition member's grandchild was told in public not to step on an unstable surface to reach an item stored on a high shelf. The child was taking his role of keeping his grandmother safe very seriously.

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