



Shelburne County
Community
Health Board



Municipality
of
Shelburne

PRESENT:

**A MINI- PEOPLES' SCHOOL—
SUPPORTING SENIOR NOVA SCOTIANS TO BE INVOLVED**

WHEN: Friday, February 20th, 2009
(Snow date February 27th)
WHERE: Sandy Point Lighthouse Community Centre
Sandy Point, Nova Scotia (just outside Shelburne)
TIMES: 10am to 3:30 pm
COST: Free for seniors and Community Links Members
Others: \$25 all inclusive
Lunch included

Program:

Panel Discussion: *Maximizing Independence
Supportive Communities*
Resource Fair
Lunch and Entertainment
Workshops: *Leadership
Working to Support and Create Change in Policy*
Guest Speaker: *Anna Freeman-Retired Nursing Specialist, Volunteer Coordinator of Health Matters*

Resource people and presenters include:

Josephine Blynn, VON Barrington
Margaret Anne Bruhier, NS Department of Seniors
Barbara Carthew, Community Links Board of Directors
Jamie Cotter, Local Entertainer
Sandra Murphy, Executive Director, Community Links
Brenda Oikle, South West Shore Development Authority
Anne Perigo, HPP – Volunteerism
Sharon Reashore, Executive Director, Caregivers Nova Scotia
Irene Rose, Public Health Agency of Canada -Retired

Sponsors:



Limited Registration

FOR INFORMATION

or to register, contact:

Community Links

~supporting seniors' well-being

902-422-0914 admin@nscommunitylinks.ca

www.nscommunitylinks.ca

