



**E-Bulletin- Volume 5, No. 6 June 15, 2009**

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## HIGHLIGHTS

Community Links staff, members and friends got together at Mount Saint Vincent University in Halifax on June 5<sup>th</sup> for their **Annual General Meeting**. Congratulations to new President Barbara Carthew and Vice-President Terry Smith and welcome to our newly elected Board members Bill Poole and Elizabeth Henri.

Congratulations to Community Links Board member Alma Johnston, who received a Remarkable Seniors Award at the recent 50+ Expo. Alma's well-deserved award was based on her leadership in education and literacy, as well as in her community, church, and her work on behalf of seniors.

Hundreds of guests visited the Community Links/Preventing Falls Together booth at the annual **50+ Expo** June 12 and 13 at Exhibition Park in Halifax. The Falls Prevention Wheel of Fortune was a popular attraction, as prizes were given out for answering simple, fun questions. Winner of our draw prize (\$50 Chapters Gift Certificate) was Marge Ellis of Halifax.

## EVENTS

### Self Help and Support Group Learning Day

Cambridge Suites, Sydney, NS Saturday, June 27, 2009 8:30 am to 4 pm. Individuals currently facilitating or participating in a self-help or support group concerning a chronic health issue such as Alzheimer's or Parkinson's are welcome to attend. For more info, contact Ashley Wisener at the Self Help Connection 902-466-2011 ext 16 or by email: [ashleywisener@eastlink.ca](mailto:ashleywisener@eastlink.ca)

### Mark this date! Nova Scotia 55+ Games

will be held in Yarmouth, NS this year on September 24, 25 and 26th 2009. For

additional info please contact Frank Grant at [frankg@district.yarmouth.ns.ca](mailto:frankg@district.yarmouth.ns.ca) or visit: [www.novascotia55plusgames.com](http://www.novascotia55plusgames.com)

## OPPORTUNITIES AND RESOURCES

**Nova Scotia Volunteer Forum:** Post your event, volunteer opportunity or news on the **NSVF** website at [www.nsvolunteerforum.ca](http://www.nsvolunteerforum.ca)

**Canada's Aging Population: Seizing the Opportunity** This Special Senate Committee Report is now available. To order a copy, call toll free 1-800-267-7362 or download the report at [www.senate-senat.ca/age.asp](http://www.senate-senat.ca/age.asp)



A good time was had by all at **VON's Care for the Caregiver** day in New Glasgow on May 20<sup>th</sup>. The sun was shining and participants were able to take part in presentations and workshops aimed at strengthening the work of caregivers in the community.

For more information about Preventing Falls Together, please contact the regional staff member closest to you:

PFT Program Coordinator/  
Eastern NS: Susan King  
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