



**E-Bulletin- Volume 5, No. 7 July 15, 2009**

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## HIGHLIGHTS

Please welcome **Kenneth Conrad**, who has joined Community Links for the summer and is working out of the Spring Garden Road office. Kenneth recently graduated from Dalhousie University with a Bachelor of Commerce (Co-op) degree and will be entering the Public Relations graduate program at NSCC in the fall.

Congratulations to **Keith and Jessie Miller** of Moser River, Nova Scotia on their recent 65<sup>th</sup> wedding anniversary. Jessie is a former President of the Community Links Board of Directors.

## EVENTS

The 21<sup>st</sup> Annual **Pictou County Senior's Festival** will be held from August 6-8 at Trenton Park. Activities include bingo, bowling, cribbage, darts, and walking tours, as well as opening ceremonies and live entertainment. Concessions, parking, and washrooms are all available on site. Admission is \$12. For more information, please contact Martin Bates at 752-1019 or [mbates@town.trenton.ns.ca](mailto:mbates@town.trenton.ns.ca).

**Mark this date! Nova Scotia 55+ Games** will be held in Yarmouth, NS this year on September 24, 25 and 26th 2009. For additional info, please contact Frank Grant at [frankg@district.yarmouth.ns.ca](mailto:frankg@district.yarmouth.ns.ca) or visit: [www.novascotia55plusgames.com](http://www.novascotia55plusgames.com).

The **Canada Deposit Insurance Corporation's Annual Public Meeting** will be held over the lunch hour at the Cunard Centre in Halifax on October 6, 2009. Come find out how the CDIC automatically protects your savings in the event of a bank failure. Lunch will be provided. Find out more by visiting [www.cdic.ca](http://www.cdic.ca) after September 5.

The **20<sup>th</sup> Provincial Alzheimer Conference** will be held on October 19 & 20, 2009, at the Holiday Inn Harbourview, Dartmouth, Nova Scotia. This conference will be of special interest to anyone working in the field or caring for someone with dementia. For more information, please call 1-800-611-6345 or visit [www.alzheimer.ns.ca](http://www.alzheimer.ns.ca).

## OPPORTUNITIES AND RESOURCES

Are you interested in providing your expertise to small rural charities in Nova Scotia? The **Atlantic Charities Learning Exchange** project is looking for individuals who are very familiar with the Canada Revenue Agency's guidelines and reporting procedures for charities and who are willing to share their expertise and knowledge with small rural charities so that they fully understand their compliance requirements. If you are interested in this worthwhile mentorship opportunity, please contact [admin@nscommunitylinks.ca](mailto:admin@nscommunitylinks.ca) or call 422-0914.

**Older Person Safe Driving Program:** If you are over 65 and have a valid Nova Scotia Drivers License, consider taking this free brush-up course presented by the Nova Scotia Government Retired Employees Association (NSGREA) before getting behind the wheel this summer. The program consists of six hours of classroom instruction over a two day period, and helps to update knowledge of motor vehicle regulations. Your driving record will not be affected by taking this course. For more information, please call 1-800-677-8666 or visit [www.nsgrea.ca](http://www.nsgrea.ca).



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Did you know that there are over 3 million caregivers in Canada supporting friends or loved ones with health problems? And that 25% of all caregivers are diagnosed with depression? If you or someone you know is feeling the strain, **the Care-ring Voice Network** can help. Care-ring Voice is a free and confidential bilingual program that connects caregivers and families to information and support through evening sessions hosted by telephone. Find out more by visiting [www.careringvoice.com](http://www.careringvoice.com) or register by calling 1-866-396-2433.

Concerned about identity theft, internet fraud, and investment scams affecting members of your community? Arrange a presentation from the **Rotary Club of Halifax ABC's of Fraud Project**. Presentations are free and can be tailored to suit any group. For more information, contact the ABC's of Fraud coordinator, Bill VanGorder at 454-2267 or email [info@stopfraudns.ca](mailto:info@stopfraudns.ca).

**NSVF:** Post your event, volunteer opportunity or news on the **Nova Scotia Volunteer Forum** website at [www.nsvolunteerforum.ca](http://www.nsvolunteerforum.ca)



**Preventing Falls Together**  
*for age friendly communities* Conference 2009

**Fall Conference 2009**

Age Friendly Design, fun physical activity for older adults, sharing Coalition successes, and much more are on the roster for our Preventing Falls Together fall conference, October 29 and 30, 2009 at the Truro Holiday Inn. Please mark the date and check our future E-bulletins for more information.

Registration is underway for the **Canadian Falls Prevention Curriculum (CFPC) E-Learning course**, taught via distance education through the University of Victoria Continuing Studies program. Those working with older adults in long-term care, acute care and home care will acquire the knowledge and skills needed to apply an evidence-based approach to the prevention of falls and fall-related injuries. The course is offered from October 2-30, 2009. For more information, please visit <http://www.uvcs.uvic.ca/health/>.

For more information about Preventing Falls Together, please contact the regional staff member closest to you.

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